



## **TEAM WELLNESS**

We have a workplace designed to support healthy behaviors and improve health outcomes while at work. These programs consist of activities such as health education and coaching, weight management programs, medical screenings, on-site fitness programs, and more.

We believe in enabling team health, including allowing time for exercise, providing on-site kitchens and eating areas, offering healthy food options in vending machines, holding "walk and talk" meetings, and offering financial and other incentives for participation.